

Junior's Program

Texas Rowing Center

Looking for a new sport?

The sport of sculling is not only great exercise; it is also the ultimate team sport. Our positive training techniques and goal-oriented approach are designed to motivate and encourage kids while developing their self-confidence.

And you can't beat the location - Town Lake is widely considered the finest rowing venue in the United States.

We are located on the north shore of Town Lake on the hike & bike trail south of Austin High School

About Us

Since 1987, Texas Rowing Center has been an Austin Parks & Recreational Concession dedicated to providing affordable sculling programs for 'Austinites' and to developing local rowing talent.

Our program is dedicated to developing young rowers by teaching them the technique, teamwork, and self-discipline of sculling. The program meets all St. Stephen's Varsity Sport and St. Stephen's physical education credit requirements. We provide maximum flexibility for busy students by offering the Recreational or Competitive Crew sessions to choose from.



About the Program

Recreational Crew - This crew provides a rowing option for students who are interested in rowing but do not want to compete. We invite any student in grades 6 through 12 to join. The program includes our *Introduction to Rowing* course, so it is perfect for both new or experienced rowers.

Competitive Crew - All high-school students are invited to participate on the Competitive Crew, which is composed of the novice teams (first year rowers) and the varsity team. The Competitive Crew will train and race in both team boats and single sculling shells. Our goal for this crew is to improve sculling techniques and fitness, and to compete in local and regional regattas.

Cost

- Fee: \$275.00 each for Fall and Winter trimesters; Spring session will be FREE to St. Stephen's Kids
- Attend at least three sessions per week for PE credit.
- Our Fall Trimester Session begins on Monday - August 27th



No prior experience necessary!

Contact Information

Texas Rowing Center

512.467.7799

www.texasrowingcenter.com

Fall Session

Hours

Practice Times

- Monday-4:45-6:15 PM
- Tuesday-4:45-6:15 PM
- Wednesday-4:45-6:15 PM
- Thursday -4:45-6:15 PM
- Saturday from 11:00 AM until 1:00 PM

Student Transportation

- Transportation may be provided by
- St. Stephens to and from practice
- please check with John McCain for details.

How about trying the coolest water sport in Austin?