

TEXAS ROWING CENTER



JUNIOR'S PROGRAM

Looking for a new sport?

The sport of rowing is not only great exercise, it is also the ultimate team sport. Our positive training techniques and goal-oriented approach are designed to motivate and encourage kids while developing their self-confidence.

And you can't beat the location - Lady Bird Lake is widely considered the finest rowing venue in the United States

About Us

We are located on the north shore of Lady Bird Lake on the hike and bike trail south of Austin High School. Since 1987, Texas Rowing Center has been an Austin Parks & Recreational Concession dedicated to providing affordable rowing programs for 'Austinites' and to developing local rowing talent. Our program is dedicated to developing young rowers by teaching them the technique, team-work, and self-discipline of rowing.

The Program meets all AISD, EANES, RRISD and St. Stephen's physical education credit requirement. We provide maximum flexibility for busy students by offering both a Recreational Crew and a Competitive Crew.

Program Choices

Recreational Crew — This crew provides a rowing option for students who are interested in rowing but do not want to compete. We invite any student in grades 6 through 12 to join. The program includes our Introduction to Rowing course, so it is perfect for both new or experienced rowers. The program also includes kayaking, canoeing, and stand-up paddling!

Competitive Crew — All high-school students are invited to participate on the competitive crew, which is composed of the novice team (first year rowers) and the varsity team. The Competitive Crew will train and race in both team boats and single rowing shells. Our goal for this crew is to improve rowing techniques and fitness, and to win medals at local and national regattas.

Spring 2021 Program

Our Spring 2021 Program begins on Monday, January 5th and continues through June 3rd. The tuition for the semester Program is \$595 for AISD Students and \$650 for all others. Weekly practices are scheduled on:

Monday - 5:00 - 7:00 PM
Tuesday - 5:00 - 7:00 PM
Wednesday - 5:00 - 7:00 PM
Thursday - 5:00 - 7:00 PM
Saturday from 9:00 AM until 1:00 PM

PE Credit/Orientations

Participants must attend an average of three times per week to receive PE credit. For Spring 2021 AISD students must turn in the AISD Application and Waiver Package to their school counselor by November 15th to receive PE credit. To learn more, please attend one of our orientations on the Texas Rowing Center dock on:

Tuesday, January 5th at 5pm

Texas Rowing Center

512.467.7799

www.texasrowingcenter.com



Try the Coolest water sport in Austin!

Texas Rowing Center Juniors Registration Form

Personal Data (Please Print)

| | | | | |
|--|------------|----------------------------------|---------------|-------|
| Rowers First, Last Name | | Parent/Guardian First, Last Name | | |
| Address | | | | |
| City | Zip | School | Age | Grade |
| Home Phone | Work Phone | | Email Address | |
| Emergency Contact | | Emergency Phone | | |
| Will this be for Physical Education Credit (Yes or No) | | | | |
| | | | | |
| Parent / Guardian Signature & Date | | Junior Signature & Date | | |

This is to verify that I have received a copy of the Texas Rowing Center Juniors Packet and understand that I will be held accountable for complying with all applicable rules contained therein, and that TRC coaches and staff will strictly enforce these rules.

Printed Student's Name: _____ Grade: _____

Student's Signature: _____ Date: _____

As a parent/guardian of the above named student, I understand that the rules contained in the TRC Juniors Packet should be discussed with my son/daughter, and that my child will be responsible for complying with those rules.

Parent/Guardian Signature: _____ Date: _____

Please mail your completed form, waiver and check to:

Texas Rowing Center, 1541 W Cesar Chavez, Austin, TX 78703

The tuition for the Program is \$595 for AISD Students and \$650 for all others.

All orientations are at the Texas Rowing Center dock.

For AISD P.E. CREDIT in Spring 2021, you must turn in the AISD Application and Waiver Package to your school counselor by November 15th!

Racing fees are not included in the tuition fees. All tuition fee payments are final and refunds are not available.

For more info, please call 512.467.7799. Tuition Payment Deadline is January 12th.