

KINGDOM BUILDERS NEWSLETTER

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GETTING IN SHAPE FOR 2008

January brings increase profits for the fitness industry. The top on the list of New Year resolutions: losing weight, eating healthy, and exercising more. To capitalize on the fitness craze and the heighten interest in body sculpturing, many companies are offering special deals to make your resolutions become a reality. However, the most important area needing the greatest attention is being ignored.

Spiritual fitness last longer and affects more areas of our lives which includes our physical, emotional and mental wellbeing. We must remember that long after our physical bodies have decayed in the ground our spirits live on for an eternity. How we choose to treat the spirit part of our being not only determines how well we live, it also will determine where we spend our eternity. What are the effects of ignoring our spiritual health and fitness? What can we do to get

into spiritual shape?

As in the physical, when we ignore our health, our bodies become diseased our spirits when in poor health also become diseased. In order to be physically healthy we must cut down on our calorie and fat intake. Drink more water, eat more vegetables, and exercise regularly. To be healthier spiritually we must cut out the activities and behaviors that will cause blockage of our sensitivity to obeying God. We must read more of the Bible, spend more quiet time with the Lord in prayer and meditation. We must exercise our faith and practice, daily, to live as Christ.

Spiritual good health produces the fruits of the spirit: Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. "As we know Jesus better, his divine power gives us everything we need for living a godly life. He has called us to receive his own glory and



goodness. And by that same power, he has given us all of his rich and wonderful promises. He has promised that you will share in his divine nature. So make every effort to apply the benefits of these promises to your life. Then your faith will produce a life of moral excellence. A life of moral excellence leads to knowing God better. Knowing God leads to self-control. Self-control leads to patient endurance, and patient endurance leads to godliness. Godliness leads to love for other Christians, and finally you will grow to have genuine love for everyone."
2 Peter 1: 3-7

MY DAILY PRAYER

A prayer written by
Tonia McQueen

Father thank you for the gift of prophecy. Heavenly Father open my ears that I may hear your voice. Holy Spirit help me every day to do all the good I can for my Father. Help me Holy Spirit to press to know my Father's will and purpose for my life. To diligently seek His face. Open my

heart to listen to your voice. Guide me to teach others and speak what you give me to say with grace to obey. God give me the courage to embrace the grand vision you have for my life with the strength and faith to carry it out. Father I ask and need wisdom to discern spirits. I ask this in Jesus name, by the power of the Holy Spirit, amen. Father God each day I awake I ask that you purge and

purify me. Give me a new mind to think like Christ. A new heart to love like Christ. A new mouth to speak like Christ and new eyes to see like Christ. Holy Spirit help me to die to my flesh daily so that my Father's will may be brought forth and carried out. Holy Spirit continue to convict me

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THANK YOU FOR YOUR CHRISTMAS DONATIONS

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Safe and secure on the solid Rock!

We are totally, completely, and wholly committed to a Christ centered life. We are wholly committed to submitting to the will of God, to serving and leading others to Jesus and to working with other believers to reach out to the hurting and the lost.

“LET US GIVE A HURTING NEIGHBOR, A CRUEL CO-WORKER, A WAYWARD TEENAGER A REASON TO HAVE HOPE.”

ON THE SOLID ROCK I STAND!

By Jacquelyn Green

“When all around me is sinking sand on Christ the solid rock I stand!” the lyrics are sung in many churches. When I think of the words I can imagine being stranded in a desert, trudging through miles of sand in unbearable heat. I imagine unpredictable sand storms and the constant aggravation of sandy grit in my mouth and eyes. The lack of shelter and countless miles of specious mirages would cause anyone to relinquish the will to continue. Worst of all, never being able to catch my footing

through the looseness of the blistering sand, all of this would be overwhelming. So it is with many people who suffer through the trials of life feeling defeated, feeling that they will never gain their footing.

The song illustrates a declaration of faith to STAND on the Word of God and the saving grace of Christ Jesus even in the midst of the unbearable circumstances that many of us will face in life. It is often difficult to even find the strength to make such a declaration of faith for the trials of life can be devastating. But it is;

nevertheless, critical, especially during the most distressing of times, to know that you will gain a firm footing once you determine and declare your trust in Christ Jesus and choose to stand on His solid foundation, rather than the unsteady, unpredictable, and all too intolerable desert sands of life without Christ.

Holy Committed Ministries reaches out with the arms of Christ to those who feel isolated
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A DETERMINED LIFE

The Christian life is a disciplined lifestyle. Just as an athlete, serious about his sport, trains for competition, so must we. What we eat, meaning what we take into our minds will affect our character, our view point, and our focus. Exercising our faith will determine how well we stand up to life's trials and testing. How well we follow and obey God determines how well we run the course.

The Christian life is all about

action. The act of giving, the act of forgiving, the act of loving, and the act of living according to the directions given to us in the Word of God.

The Christian life is full of hope. When we learn to trust, believe, and depend on God we gain the understanding that it is He who holds the future in His hands. We have nothing to fear even when the storm clouds surround us on every side. We have nothing to fear even when we wander

off into dangerous territory. We are safe in our Father's hands.

This year let us be more disciplined, to be the hands and feet of God. Let us give a hurting neighbor, a cruel co-worker, a wayward teenager a reason to have hope. And let us live courageously with the knowledge that all is well even when the signs around us scream danger!

A CHRISTMAS EVE GATHERING



We are walking with people through the challenging times of life, one step at a time.

Christmas is the time for family and shared expressions of love. However, for many people the Christmas season brings sadness and despair. This year Wholly Committed Ministries wanted to share our Christmas joy.

In celebration of receiving the greatest gift of all, salvation through Jesus Christ, we set out to share the love and hope we have in Christ with as many people as possible. In preparation,

we spent days purchasing gifts for children and making over 50 gift baskets for adults. We wrapped over 30 gifts.

The special day, Christmas Eve, arrived and we stood in the living room of a boarding house surrounded by mothers and fathers, children and babies, single men and women singing Christmas carols. Over 35 people from three homes filled the small space with joy and laughter! We

were able to serve food and pass out gifts thanks to the generous donations of Christians from Dallas, Texas, across Austin, Texas, and, as far as Michigan.

Our celebration continued on Christmas Day as we visited homes and delivered the message of love and hope as we passed out gifts.

VOICES FROM PRISON

“I have thoughts of getting high right when I get out to hide from the world...then this word pops in my head “faith”. I have no faith in God, I let all my feelings control my thoughts! I had to fall on my knees and cry out to God ask God to forgive me...” Wendy

“I really thank you for writing me and encouraging my spirit it sometime is so hard to walk cause the devil can’t stand it that he can’t have me anymore.”
Renesia

“I am 8 1/2 months pregnant and need help.” Anna

“I’m so blessed and doing so much better after the wonderful surprise that God allowed me to experience with visiting with you and my kids. Thank you from the bottom of my heart. I never expected to see them (my kids)...,after your van broke down, I literally gave up on getting a visit. But, once again, God showed up...” Joy

“Praise be to God, our Lord and Savior Christ Jesus. It is truly a blessing to read the stories and testimonies in Wholly Committed Newsletter. Truly, the Spirit of the Lord is with you. I get so

much from your writings.”
Tonya

“Have you ever felt trapped and alone, and like nobody in this world loves you? Well that’s how I’ve felt my entire life 34 1/2 years of misery. I can’t get my life right with God, because I don’t know how to truly surrender and, because a lot of things that I need to let go of either I don’t want to, or I don’t know how.” Cat

We need people with the heart to be pen pals call (512) 636-1381



...to preach deliverance to the captives...To set at liberty them that are bruised. Luke 4:18

All articles written by Sheila Green unless otherwise stated.

MY DAILY PRAYER CONTINUED FROM PAGE 2

when I’m not behaving in a Christian manner. God take away everything that displeases you. I want to be in sweet communion with you. It’s my desire that you find favor in me. So please remove all doubt, insecurity, all of my iniquities, fear and all the hate in me. Remove anything that stands between you and me. Take away selfishness, pride, strife, and lying. God heal me completely, redeem my past, restore my life, sanctify me entirely and help me to forgive

myself, so that love, kindness, patience, peace, and humbleness will show. I ask this with your blessings in Jesus name, by the power of the Holy Spirit, Amen.

Teach me how to pray Holy Spirit. Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my Strength and my Redeemer.

My house will be a house of God, my floors will be built on

your foundation, my windows peace, my ceiling and roof hope, my walls strength. The atmosphere and scent in my house will be love. My house and every door will be a showcase of your blessings.

Tonia wrote and said this prayer every morning while she was incarcerated. Since her release she has had many challenges, but continues her journey of learning to live as Christ.

“GOD HEAL ME COMPLETELY, REDEEM MY PAST, RESTORE MY LIFE, SANCTIFY ME ENTIRELY AND HELP ME TO FORGIVE MYSELF...”

ON THAT SOLID ROCK I STAND! CONTINUED FROM PAGE 2

and who are trying to painstakingly navigate through the sandy deserts of life. Many of the people are hurting, and cannot seem to break through their addictions and constant hardships. I was fortunate this past holiday season to volunteer with Holy Committed Ministries and I witnessed the outcry – the struggle seemed so enormous. The sands of time, pain, frustration, and abuse had broken the spirits of the people

and I wondered how, in 2008, those struggling would finally break free when they’ve tried time and time again, but somehow continue to lose their footing.

I’ve come to realize that, though all else may fail, it is only by the **STANDING** on that which is True, and Right, and Holy – the very nature of Christ, that true hope, restoration and deliverance comes. So whether praying

for yourself, or for another, I encourage you to **STAND** on the firm foundation of Christ each day, and one day at a time.

“That is why I am suffering as I am. Yet I am not ashamed, because I know whom I have believed, and am convinced that He is able to guard what I have entrusted to Him for that day.” 2 Timothy 1:12 (NIV)



...Cause me to know the way in which I should walk, For I lift up my soul to you.

Psalm 143: 8



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2008
Volunteer opportunities are
waiting for you!

We can accomplish great things together!

WE'RE ON THE WEB!
WHOLLYCOMMITTED.COM

Wholly Committed Ministries
P.O. Box 905
Pflugerville, TX 78691-0905

The Design of Wholly Committed Ministries

1. To offer, every willing heart, the opportunity to study the Bible in a class room setting
2. To walk with people, who are struggling with various types of addictions and challenges, on the road to their liberty and healing
3. To develop opportunities for participation in support groups and mentor relationships
4. To recruit, encourage and train volunteers and provide them with opportunities to serve the community
5. To train mentors and support group leaders to help individuals experience positive changes in their lives
6. To encourage the building of meaningful relationships among people of different ethnic, denominational, economic and cultural groups
7. To create opportunities to develop and exercise talents in the areas of acting, music, dance, literary and visual arts
8. To build confidence and connect people to resources that will help improve educational, work, parenting and social skills
9. To conduct outreaches to prisons, county jails, youth correctional facilities, hospitals, schools and community programs, in collaboration with other Christian churches and outreach organizations
10. To promote unity in the Body of Christ through our united efforts to reach the lost

Walking with people through the challenging times of life