## **Training Plan for One-year Acupuncture Learners**

## **International University of TCM, Tianjin University of TCM**

Semesters		1 <sup>st</sup> Semester	2 <sup>nd</sup> Semester	
	Study Types	Class	Class	Practice
7 31		Teaching	Teaching	
Teaching Weeks?  Teaching Hours		17 Weeks	5 Weeks	3 Months
1	Taiji Exercises	51	10	
2	Basic Theory of TCM	68		
3	Diagnostics of TCM	68		
4	Meridians & Acupuncture	102		
5	Tuina (Chinese Massage)	51		
6	Chinese Language	34	10	
7	Techniques of Acupuncture &		25	
	Moxibustion			
8	Acupuncture Treatment		70	
9	Clinical Practice			24× 13=312
Total Teaching hours		374	115	801
Teaching Hours per Week		22	23	24